





# Great Race Team Categories

Awards will be made to the top 20 per cent of the teams in each category. The average (whole number) of all team members' ages on race day determines the age group. For example, a 4 person team of three women and one man, ages 40, 40, 40 and 39 have an average of 39.75. That team would be in the Mixed (3 to 1 sex ratio) under 40 category (not 40 & up).

## 4 PERSON (CANOE) TEAMS - LONG OR SHORT RACES

### Male

Under 14  
14-18  
19-29  
30-39  
40-49  
50-59  
60 & up

### Female

Under 14  
14-18  
19-29  
30-39  
40-49  
50-59  
60 & up

### Mixed

1 person of  
opposite sex  
(3 to 1 ratio)  
  
Mixed under 18  
Mixed 18-39  
Mixed 40 & up

### Couples

2 persons of  
each sex  
  
Couples under 18  
Couples 18-39  
Couples 40 & up

### Corporate Challenge

4 full-time employees  
from the same company.  
  
No age or sex categories

### Family

Siblings with at least one  
parent or grandparent.  
  
No age categories.

## ALL 3 PERSON (KAYAK) TEAMS & TANDEM TEAMS (TANDEMS COMPETE IN THE TEAMS LONG RACE ONLY)

### Male

Under 18  
18-39  
40 & up

### Female

Under 18  
18-39  
40 & up

### Mixed

Under 18  
18-39  
40 & up

**Paddleboard and 2 person kayak  
teams have no age or sex categories**

Early registration gives  
you a better spot in  
the changeover zone!

## ENTRY FEES 2017:

4 Person teams (canoe), either course: \$150/team through 7/31 - \$170/team after 7/31

3 Person teams (kayak), either course: \$140/team through 7/31 - \$160/team after 7/31

3 or 4 person teams with **each** member under age 18: \$74/team through 7/31 - \$94/team after 7/31

Tandem teams, traditional course only (all ages): \$130/team through 7/31 - \$150/team after 7/31